

HOPE HIGHLIGHTS

February 2024

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Dear Members of Hope,

One of the stories I remember about bread from my childhood is how my mother, when I was a preschooler, always cut the crusts off my bread, even when she gave me a sandwich. I don't remember why, maybe she thought it was easier for young children, but it seems to me it was because she didn't like bread crusts at that time of her life. I was friends with two sisters across the street who were two of 7 children. I remember the first time I had lunch at their house, their mother, Joan, gave me a sandwich with the crusts on. I remember wondering how I was going to eat the sandwich, and finally decided to eat the middle and leave the crusts. I think it was the first time I realized bread had crusts. I created quite an uproar in a home of 7 children. Everyone was horrified that I would waste all that bread. The kids all alerted their mother that I wasn't eating the crusts and I was wasting food. I remember Joan asking me why I wasn't eating the crusts, but I'm not sure what I told her. I probably told her I'd never had them before. She didn't make me eat them, but my friends lectured me about wasting food for days afterwards. I'm sure Joan called my mother to talk about her parenting skills, something she frequently did over the years, even though they became good friends.

Are you a bread lover? What is your favorite kind of Bread? Bread has been important to people's diet since ancient times. The first evidence of bread being baked dates back to approximately 10,000 BC. Sourdough bread was discovered by the Egyptians in 6000 BC. They used sugar and water to make a sour dough starter. The use of fermentation to make bread rise was discovered by accident, when someone left some dough in the sun and it rose. The earliest bread we know of was made of wild wheat, wild barley and plant roots. The first grinding stones to grind wheat and seeds into flour that have been found are 30,000 years old. In the Americas, the ancient Mayans, who were known as the "people of corn," used corn to make tortilla and tamales. The history of bread is very complex and varied throughout the world. What we can learn from history is that bread was essential to the survival of humanity. When you are hungry, what is more satisfying and filling than bread? Bread is so essential to human beings that Jesus even chose to

bless bread and claim it as his body, inviting us to remember his death and resurrection every time we bless bread in his name. Inviting us to take that bread into our bodies and our hearts as the embodiment of Jesus, Our Savior. Eat and Remember in my name turn's simple bread into a Sacrament that changes us, that connects us in relationship with our God, through Jesus, in a way nothing else can.

Lent begins the middle of February. Ash Wednesday is on Valentine's Day. Our Ash Wednesday service is at 6:00P on Ash Wednesday. How about coming to the Ash Wednesday Service first, then take your Valentine out for dinner? Our theme and symbol for Lent this year is BREAD! Watch how we use bread during the weeks of lent!

*In
Loving
Memory
of*

Elsie Patterson

From

Kurt & Laurie Heckman

Judy & Thomas Rudd

Leon & Linda Jones

James & Jill Hidingier

Vicki Finkstein

Terrie Frieden

Kenneth & Judy Kula

Dennis & Pat Casner

Marlene & Steven Lemont

Marcey Luxa

Leo Rigel

The Schmidt Family

Cheryl Beachler

From

Rick & Betty Nelson

Kathy McBride

From

Gordon and Jean Stelling

Terry & Sandra Slinger

Harlene Stewart

Judy Toy

Leon & Linda Jones

Evelyn Neal

Dennis & Pat Casner

Journeys Program hosted by Murdoch Funeral Homes (Wilson Ave.)

Every month Murdoch Funeral Homes on Wilson Ave. S. W. hosts a social group for bereaved individuals. This group is open to all community members and is free of cost.

The February program will be on February 12th at 2:30 pm at the Legacy Center at Murdoch. Rene Gadelha, owner of Ace Handyman Services, will discuss options for assistance with home maintenance, from quick fixes to major repairs, and tips for aging in place. If you have questions, please contact Amy Hart at 319/364-1549.



February Birthdays

- 5 Jessica Weitnauer
- 7 Jean Stelling
- 16 Cassidy Mudd
- 16 Vicki Oakley
- 19 Sharon Taylor
- 28 Scott Foizey
- 28 Genevieve Kuehl

MEN OF HOPE

The Men of Hope will meet on Saturday, February 10th at 8:30 for breakfast and meeting. All men are welcome and invited to come.

Confirmation class is on Wednesday at 6:00pm. (unless otherwise noted)



Pastor Rhea's Thursday morning Bible Study meets at 11:00am. They will not meet on the 2nd Thursdays of the month as Pastor has Conference meetings.

SPIRITED SENIORS

Spirited Seniors meets every Wednesday at noon for lunch and cards. Bring your own lunch (unless Jim says not to!)

CHOIR & TONE CHIME CHOIR

Choir meets for practice every Wednesday afternoon at **3:00pm**. Our tone chime people meet at 4:00P on Wednesday following choir Everyone is welcome to participate.

WOMEN OF HOPE

The February 10th Women of Hope meeting will have Sheri Plough from Toulou Yoga come to speak to the group about Chair Yoga. Refreshments will be served. Prayer, a devotional and lots of information about church happenings will be shared at the meeting following the guest speaker. All are welcome!

HOPE NOW HAS an outdoor food/toiletry box that is open to the public. This box is outside by the sign. You are welcome to put items in the box (things that won't freeze) and you are also welcome to take anything you might be in need of. Suggested items would be boxed things like mac/cheese, hamburger helper, Knorr noodle mixes, food cups.



Flowers for Easter



This year we will be ordering Easter Flowers from Pierson's. Pricing is as follows (all flowers are in 6" pots):

- Easter Lilies \$16.00**
- Tulips red, pink or yellow \$1.75**
- Hyacinth blue or pink \$11.75**
- Azaleas red or pink \$25.50**
- Begonia red, yellow, or pink \$16.00**

Easter is March 31st this year so orders much be placed by March 11th. Watch for order forms soon.



Ewalu's 'Early Discount' ends Feb. 29

Ewalu summer camp registration is open for 2024, and families can sign up now for the best availability and the best prices! Go to www.ewalu.org/summer-camp to see all the programs and to register. Ewalu also has Family Camp and Grandparent Camp!

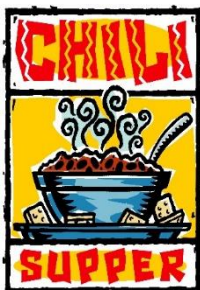
Ewalu's Early Discount pricing means \$40 off for most full-week youth programs if you register before February 29. This year, the **Sibling Discount** has increased to \$50 off for each additional child from the same family registering for a full-week program (after the first child) —and that's ON TOP of the Early Discount!

Remember, no child is ever turned away at Ewalu for reasons of financial need. Call Diane at Ewalu for more information at 563-933-4700.

Questions about pricing and registration? Please contact the Ewalu office at the phone number above or email camp@ewalu.org. The camp website has FAQs that might have the answers you're looking for, too!

Camp brochures are located on the small table in the narthex.

PLEASE REMEMBER TO TURN IN YOUR TIME AND TALENT SHEETS! Did you know that without your "talents and time" many of the daily things that go on at Hope would not get done! Hope only has 5 paid employees on staff but we have **LOTS** of volunteers. Please remember to fill out your Time and Talent sheets so that when needed projects come up, we know who might be willing to do them. Thanks.

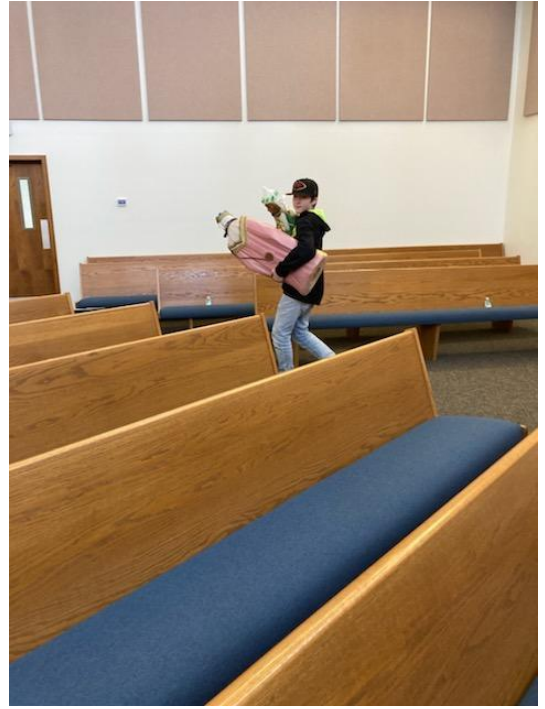


THE ANNUAL CHILI COOK OFF and Silent Auction will be held on Sunday, February 18th. Time to start thinking about your "winning" recipe and any items that you would like to donate for the Silent Auction.

TAKING DOWN CHRISTMAS

A BIG thank you to all who came to help take down Christmas decorations. Men of Hope, Women of Hope and even some of our Confirmation kids!





LENT

ASH WEDNESDAY
February 14, 6:00 p.m.

Wednesdays in Lent
6:00 p.m.

February 21, 28
6:00 p.m.

March 6, 13, 20
6:00 p.m.

Palm Sunday
March 24 9:00 a.m.

Maundy Thursday
March 28 6:00 p.m.

Good Friday
March 29 6:00 p.m.

Easter Sunday March 31 at 9:00 a.m.